



THE CASCADIAN

COMMUNITY NEWS FROM CASCADE VILLAGE

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The Spirit of January



Celebrating the Spirit of the New Year at Cascade Village

The start of a new year always feels like standing at the edge of possibility, crisp mountain air filling your lungs, snowflakes glinting in the sunlight, and a sense that anything can happen. January in Bend is more than just another month; it's the beginning of a season filled with renewal, reflection, and excitement. The holidays may have passed, but the energy of celebration continues to sparkle across our community, especially here at Cascade Village, Bend's premier 55+ community, where neighbors come together to enjoy the beauty of winter and the promise of new beginnings.

The Joy of Fresh Starts

January invites us to reset, recharge, and refocus. Whether you're setting New Year's resolutions or simply choosing to start the

year with a slow breath and a sense of gratitude, Bend offers endless ways to refresh your mind, body, and spirit. Perhaps your goal for 2026 is to spend more time outdoors and there's no better backdrop for that than the snow-dusted peaks of the Cascades. Mt. Bachelor is in full swing, drawing skiers and snowboarders eager to carve new trails through powdery snow. For those who prefer a more tranquil pace, winter walks along the Deschutes River Trail or snowshoe adventures through Wanoga Sno-Park make for a beautiful day out.

But renewal isn't only about the outdoors, it's about connecting with others and embracing opportunities for growth. At Cascade Village, residents know that each new year brings fresh chances to learn, to laugh, and to live well.

Winter Warmth and Community Connection

Cascade Village truly comes alive in winter. The snowflakes that dust our rooftops seem to sparkle with a sense of camaraderie, as neighbors gather in the clubhouse to share coffee, stories, and laughter. It's a wonderful time to enjoy community dinners, fitness classes, or card games by the fire. For those who made health and wellness resolutions, the fitness center and walking paths offer inviting ways to stay active all season long.

The community calendar at Cascade Village is always full of opportunities to engage, from tai chi and fitness classes to social events like Country Western Line Dancing and Karaoke Night. Each activity is a reminder that living here is about more than just a beautiful setting; it's about



THE CASCADIAN NEWSLETTER

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Bend Police Department

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Bend Fire Department

1212 SW Simpson Avenue
Bend, OR 97702
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Water and Sewer

Avion Water Company
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City of Bend Water & Sewer
(541) 388-5515

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Pacific Power

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Cascade Natural Gas
(888) 522-1130

Waste Removal

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friendship, belonging, and the shared joy of being part of something special.

Outside Cascade Village, Bend's winter scene offers scores of outings to enjoy with fellow residents, family, and friends. Downtown Bend's First Friday Art Walk is back, filling galleries and streets with local art, music, and conversation. The Oregon WinterFest, one of Central Oregon's most loved events, returns soon with ice sculptures, lights, and outdoor fun along the Deschutes. And if you're craving small adventures, there's always ice skating at The Pavilion, happy hours at neighborhood breweries, or scenic drives through snowy mountain passes.

A Season for Gratitude and Growth

January's quiet beauty invites reflection. After the rush of the holiday season, the slower pace is a gift, a chance to take stock, set gentle goals, and practice gratitude. Simple pleasures feel even more meaningful this time of year: sunrise over the Cascade peaks, the rhythmic crunch of snow underfoot, the taste of hot cocoa after a walk, or time spent visiting with beloved neighbors. Cascade Village embodies that same peaceful spirit. It's a place where kindness thrives, laughter fills the halls, and new friendships bloom even in the coldest months. Many residents take January as an opportunity to volunteer locally, help a neighbor in need, or organize community gatherings that keep the positive energy flowing all winter long.

Looking Ahead to a Bright 2026

As we start this new year, Cascade Village invites everyone to celebrate the gift of new beginnings, not just with resolutions or plans, but through shared experiences that bring joy and purpose. Try something new this month—join a club you've never attended, explore a nearby trail, start a creative project, or simply enjoy an evening by the fire with good company. Every small moment can be a fresh start when approached with intention and optimism. So bundle up, breathe in that crisp mountain air, and take in all the beauty Bend offers this winter. Here at Cascade Village, Bend's premier 55+ community, we're embracing 2026 with open arms, ready for friendship, connection, and the many simple joys that make life in Central Oregon so special.

Here's to new beginnings, lasting memories, and a wonderful year ahead from your friends and neighbors and all of here at Cascade Village.





COMMUNITY HIGHLIGHTS

Bend WinterFest

Bend's WinterFest returns February 13–15, 2026, transforming Bend's Old Mill District into a three-day celebration of snow, sound, light, and local flavor that defines winter in Central Oregon. From headlining concerts to icy art, marketplaces, and family activities, the festival offers something for locals and visitors of every age.

Dates, Place and Vibe

Bend WinterFest 2026 runs over President's Day weekend, Friday through Sunday, February 13–15, 2026, in the scenic Old Mill District along the Deschutes River. Festival hours are Friday 5–10 p.m., Saturday 11 a.m.–10 p.m., and Sunday 11 a.m.–5 p.m., giving guests full days and evenings to explore music, markets, and winter activities.

Under sparkling lights and often snowy skies, the Old Mill District is reimagined as a winter playground, with fire features, glowing art installations, and bustling pedestrian walkways. Thousands of spirited attendees from Central Oregon and beyond gather here each year to eat, drink, dance, and embrace the season together.

Live Music Headliners

Live music again takes center stage on the Oregrown Main

Stage, with all concerts included in the price of festival admission. The 2026 lineup blends nostalgia, pop culture, and high-energy performance for three nights of outdoor shows in the heart of Bend.

Friday night headliner Brandi Cyrus (8:30–10 p.m.) brings an electrifying DJ set built on country-infused beats, pop hooks, and electronic energy, following her remix of Lainey Wilson's "Wildflowers and Wild Horses." Her set promises a dance-heavy kickoff to WinterFest weekend. Saturday's headliner Tiffany (8:30–10 p.m.) takes the stage as a legendary pop star and the youngest female artist ever to top the Billboard charts, performing iconic hits like "I Think We're Alone Now" alongside her modern rock-leaning material. Sasquatch warms up Friday's crowd from 7–8 p.m., a 7-foot-tall, sax-wielding producer whose genre-bending live show fuses original tracks, remixes, and crowd participation.

On Saturday from 7–8 p.m., Glass Of Hearts – a Blondie tribute – channels the New Wave spirit and swagger of Debbie Harry, giving fans a high-energy run through Blondie favorites.

Across the grounds, Portland-based DJs like Rymes and Visitr keep the Sparks Stage moving with dreamy house, lo-fi, hip hop, and indie-inspired sets, turning the festival into an all-weekend dance floor.



COMMUNITY HIGHLIGHTS



Ice, Fire, Markets and Activities

WinterFest Light, Ice & Fire Exposition turns the Old Mill District into a glowing gallery, where carvers sculpt massive ice blocks into shimmering works of art across the weekend. Fire pits and artistic flame features return as signature elements, wrapping guests in warmth while the ice installations glitter nearby.

Three major marketplace zones showcase the best of Central Oregon's makers and businesses. In the Cascades Market and Business Showcase, attendees discover outdoor gear, tours, hot tubs and saunas, recreation services, and local experience providers that reflect the active Pacific Northwest lifestyle. The Wonderland and Oregon Lifestyle marketplaces feature over 100 vendors with handmade leatherwork, woodcraft, pottery, jewelry, photography, apparel, rustic art, home goods, specialty foods, wine, and more, creating a one-stop shop for unique, locally inspired finds.

Action sports take the spotlight in the Pump Bump Jam Contest, where snowboarders ride under the lights on Friday night at 6 p.m. and skiers hit the course on Saturday at 6 p.m. for a high-energy jam session with cash prizes. Riders can pre-register at Tactics in downtown Bend or sign up on-site starting at 5 p.m., making the event accessible to both seasoned competitors and ambitious locals.



Family Fun, Runs and Food

WinterFest maintains a strong family focus, with the K9 Kings dog show showcasing the athleticism of working dogs in high-flying, crowd-pleasing performances. The Family Play Zone brings games, interactive vendor booths, and giveaways that keep kids engaged between concerts and activities.

Sunday's Hot Cocoa Run 5K returns as a feel-good highlight, sending runners through a winter course before rewarding them at the finish line with a full hot cocoa bar complete with toppings and a splash of Crater Lake Spirits for adults. Throughout the grounds, food cart pods deliver everything from Greek specialties and pizza to BBQ, dumplings, falafel, and more, matched with local beer and cider from brands like 10 Barrel Brewing, Avid Cider, Crater Lake Spirits, and regional wines.

WinterFest 2026 also continues its community-minded tradition by naming Big Brothers Big Sisters of Central Oregon as the festival beneficiary, connecting the celebration directly to local youth mentorship and volunteerism.

Tickets, Lodging and Getting Ready

Tickets for Bend WinterFest 2026 are available online with single purchases covering all three days of the festival. Options include standard three-day admission, the popular Wine Walk ticket that bundles a commemorative glass and tasting tickets with festival entry, and Hot Cocoa Run registrations that also include access to the event.

For out-of-town family and friends, the Waypoint Hotel serves as an official lodging partner, extending special rates to WinterFest participants. This boutique property near Bend's mid-town and downtown corridor offers a spacious lobby with local brews and ciders on tap, outdoor fire pits, a year-round hot tub, and easy access to the Old Mill District and the wider Central Oregon playground of rivers, lakes, mountains, and golf courses.

With snow-capped Cascade peaks as a backdrop, Bend WinterFest 2026 invites visitors to bundle up, hit the markets and music stages, and experience the full spectrum of Central Oregon's winter culture in one unforgettable weekend.

For more information, please visit: www.oregonwinterfest.com

COMMUNITY HIGHLIGHTS

As winter settles into Bend, it's the perfect time to cozy up, stay safe, and make the most of everything Cascade Village has to offer! Here are a few community updates and reminders to help everyone enjoy the season.

Winter Weather Safety Reminders

Snow and ice can make our walkways and driveways slippery. Please take extra care when walking or driving around the property. Slow down, wear appropriate footwear, and use handrails when available. Our management team works hard to keep common areas safe, but your caution makes all the difference. If you notice any icy spots or unsafe conditions, please report them to management right away.

Pet Registration and Leash Requirements

As a pet-friendly community, we love seeing our furry residents enjoy the outdoors! To keep our grounds safe and pleasant for everyone: 1) Make sure your pets are approved and properly registered with the Cascade Village office. 2) Always keep pets on a leash when in common areas. 3) Remember to clean up after your pets, waste bags are available at designated stations. Keeping everyone's pets properly managed helps maintain a clean and welcoming environment for neighbors and guests alike.

Heat Lamps on the Clubhouse Deck

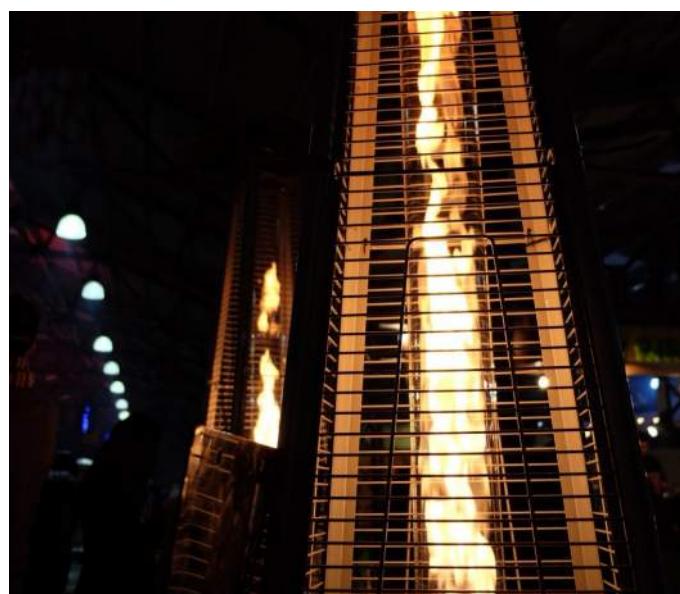
Want to enjoy the fresh mountain air without feeling the chill? The clubhouse deck now features heat lamps available for resident use! Whether you're reading, sipping coffee, or socializing with neighbors, you can stay warm while taking in the view. Please remember to turn off the lamps after use and keep the area tidy for others to enjoy.

Clubhouse Activity Suggestions

Residents are always encouraged to contact management if they'd like to reserve the space or suggest future community activities.

The clubhouse is a great space to relax, connect, and build community, and we'd love to hear how you want to use it! Residents are encouraged to share ideas for new activities or events they'd enjoy seeing at Cascade Village. Whether it's a class, craft night, holiday event, or something totally new, we welcome your suggestions.

To submit an idea or express interest in organizing an event, please reach out to the management office at **(541) 388-0000** or office@cascadevillageliving.com, we're always open to new ways to bring neighbors together.



ACTIVITY HIGHLIGHT

Mahjong at Cascade Village: Ancient Tiles, New Friendships in Our Clubhouse Community

Mahjong has quickly become one of the liveliest and most welcoming gatherings at the Cascade Village clubhouse, bringing residents together around clacking tiles, shared laughter, and just the right amount of friendly competition. What began as an ancient Chinese pastime has evolved into a beloved American tradition, and the Cascade Village community is now adding its own chapter to that story.

Ancient Roots, Living Game

Mahjong is a tile-based game that originated in China in the mid to late 19th century, growing out of earlier card and tile games during the Qing Dynasty. The earliest recognizable sets appear in 19th-century records, already featuring the familiar characters, bamboo, circles, winds, and dragons that players know today.

In Chinese culture, mahjong quickly became more than a pastime; it was a regular feature of family gatherings, festivals, and neighborhood get-togethers, valued as a way to build relationships and keep minds sharp. The game's name is often translated as "sparrow," a nod either to the lively pace of play or to the bird-like sound of tiles being shuffled across the table.

Crossing the Ocean to America

Mahjong arrived in the United States in the early 1920s, when American importers began bringing tile sets from China and promoting the game as an exotic, modern new entertainment. Within a few years it turned into a national craze, especially among urban, upper-middle-class households that proudly displayed their sets in living rooms and used them as centerpieces for social evenings.

As it spread, Americans adapted the rules and created a distinct style now known as American mahjong, with features such as special "hands," jokers, and scorecards that change annually. The game found a particularly strong home in Jewish American communities, where regular mahjong nights became a cherished social tradition that connected generations of women and their friends.

Culture, Connection and Community

Across cultures, mahjong has carried a shared purpose: to bring people together in a relaxed yet engaging setting. In China it has long been part of holiday visits and neighborhood gatherings, while in the United States it became a way for different ethnic and social groups to build community at kitchen tables and clubhouses alike.

Modern research and senior-living programs now highlight the game's benefits for older adults, noting that regular play supports memory, concentration, and problem-solving skills while reducing feelings of isolation. Because mahjong is played face-to-face by four people, it naturally encourages conversation, storytelling, and the kind of ongoing friendships that are harder to build through more solitary hobbies.

Mahjong at the Cascade Village clubhouse

At Cascade Village, residents are now embracing mahjong as a weekly highlight in the clubhouse, where tables fill with tiles, coffee cups, and easy conversation. New learners are discovering that the basics can be picked up in an afternoon, while experienced players enjoy sharing strategy tips and guiding neighbors through their first winning hands.

The clubhouse setting makes mahjong a warm, open activity. Residents drop in to watch a few rounds, partners rotate so everyone gets to know one another, and many stay after games just to talk and catch up. As more neighbors join in, the sound of tiles being mixed on the table, once heard only in distant Shanghai parlors or 1920s American drawing rooms, now signals something very local: a thriving, connected Cascade Village community built one hand at a time.

A special thank you goes to resident Deborah Topete, who has generously volunteered her time to teach beginners how to play and make everyone feel welcome at the mahjong tables. Her patience, enthusiasm, and willingness to share her knowledge are helping this new clubhouse tradition grow, one new player at a time.



RESTAURANT PROFILE



BOSA Food & Drink is a chef-driven Italian and French restaurant on Bend's westside, known for house-made pastas, Old World-inspired dishes, and a serious wine and cocktail program in an intimate, romantic space. Open for dinner only, it has become one of Bend's most sought-after reservations since opening in 2021.

Origins and Concept

BOSA sits in the historic Bakery Building on Galveston Avenue, just outside downtown Bend, where the design blends old Bend brick and wood with Italian tile for a casual yet lively feel. The concept is "European-style, wine-friendly food" with regional Italian and French influences, designed to feel special but not stuffy.

The restaurant's name comes from Bosa, a town in Sardinia whose river and autumn colors reminded the owners of Bend; they chose the name first, then discovered the visual parallels between the two places. BOSA was years in the making, with its founders planning an osteria-style spot since their days cooking together in Colorado resort kitchens.

Owners and Culinary Team

BOSA is owned and operated by chefs Nate King and Bill Dockter, who first worked together at Cache Cache, a high-end French bistro in Aspen where King eventually ran the kitchen and Dockter served as sous chef. Both are Midwestern natives who gravitated to the Pacific Northwest, reconnecting in Bend to finally open their own restaurant.

Nate King brings deep experience with classical French cuisine and house-made pasta, honed further when he helped launch Cantinetta's Bellevue location as chef de cuisine. His wife, Jenny King, manages the front of house, and is frequently cited as a key part of the warm, welcoming hospitality that regulars associate with BOSA.

Opening Story and Evolution

King and Dockter signed the lease on the old Westside Bakery space in early 2020, just weeks before the COVID-19 shutdown threw their plans into doubt. Their landlord offered a chance to walk away, but the two families decided to push forward, enduring delays and pivots before finally opening in July 2021.

Since opening, BOSA has evolved into a cornerstone of Bend's higher-end dining scene, earning a reputation for polished but relaxed service and a dining room that's often fully booked on prime nights. Dinner remains the focus, with a seasonally changing menu and a reservation-driven model that reinforces its "date-night" identity.

Menu, Drinks and Sourcing

The kitchen focuses on house-made pasta prepared throughout the day in a dedicated pasta room, along with regional Italian and French specialties. Dishes often cited in local write-ups and reviews include rich meatballs, ragù bolognese, cacio e pepe, burrata starters, and classic desserts like tiramisu and panna cotta.

BOSA emphasizes seasonal, local sourcing, working directly with Central Oregon farms such as Windflower Farm, Boundless Farmstead, and Sungrounded Farm, and partnering with local artisans including Bonta (gelato and sorbet), Metolius Teas, Lone Pine Coffee, and Village Baker for bread. The wine list leans heavily on the Pacific Northwest, Italy, and France, with relationships to specific wineries, while the bar offers both creative cocktails and thoughtful non-alcoholic options.

Community Role and Recognition

BOSA is portrayed in local media as a neighborhood anchor on Bend's westside, helping define Galveston Avenue as a dining corridor and collaborating with local farms and producers in ways that keep money and attention in the regional food ecosystem. Its regulars describe the staff as recognizing repeat guests and making the space feel like a local gathering spot as much as a special-occasion restaurant.

The restaurant has earned several notable nods, including being named "Restaurant of the Year" by Bend Source Weekly, which highlighted the chef-owners and front-of-house leadership as central to its success. It has also been voted "Best New Restaurant" in local "Best Of" lists and picked up a Bronze in CommunityVotes Bend's International Food category, while receiving nominations for categories like Best Wine List and Best Date Night in local readers' choice awards.



FAVORITE RECIPE

Garlic Butter Shrimp Parmesan Pasta

A rich garlic butter shrimp Parmesan pasta that you can share.

Ingredients:

- 8 oz pasta (penne, fettuccine, or spaghetti)
- 1 lb shrimp, peeled and deveined
- 3 tablespoons butter, divided
- 3–4 cloves garlic, minced
- 2 1/2 cups chicken or vegetable broth (or water + bouillon)
- 1/2 cup milk, half-and-half, or light cream
- 1/2 cup grated Parmesan cheese
- Salt and black pepper, to taste Optional: pinch red pepper flakes, Italian seasoning, squeeze of lemon, and chopped parsley for serving

Instructions:

1. Cook the pasta in salted boiling water until al dente, then drain and set aside, reserving 1/2 cup of the pasta water.
2. Pat shrimp dry, season lightly with salt and pepper, and set aside.
3. In a large skillet or pot, melt 2 tablespoons butter over medium heat; add garlic (and red pepper flakes if using) and cook 1–2 minutes until fragrant but not browned.
4. Add shrimp to the pan in a single layer and cook 2–4 minutes, turning once, until just pink and opaque; remove to a plate.
5. Pour in broth and milk/cream, bring to a gentle simmer, then stir in the cooked pasta and toss until coated, adding a splash of reserved pasta water if needed.
6. Turn heat to low, add remaining 1 tablespoon butter and Parmesan, stirring until melted into a glossy sauce; if it thickens too much, loosen again with broth or pasta water.
7. Return shrimp to the pan, toss to warm through 1–2 minutes, then finish with lemon juice and parsley if using and serve immediately.
8. Easy add-ons:
 - Stir in a handful of spinach or cherry tomatoes near the end for color and freshness.
 - Use extra Parmesan and lemon zest on top for a sharper, restaurant-style flavor.



RESIDENT SPOTLIGHT



Donna Ries

Donna Ries recently made the move from Vancouver, Washington to Cascade Village to be closer to her son and his family, a transition she had hoped to make for several years. Even though the timing, housing options, and finances did not always line up, she stayed patient and kept her goal of living near family in sight.

Housing costs in Bend initially made her uncertain she could realistically relocate, but discovering Cascade Village changed the picture and opened the door to an attainable move. With her son's help and guidance, she was able to explore options that balanced lifestyle, budget, and long-term comfort.

Donna's background includes a 24-year career in healthcare as an Executive Assistant to Chief Executives at Peace-Health, where she supported leadership and contributed to a mission-driven organization. Her work required discretion, organization, and a calm, professional presence in a fast-paced environment.

She later embraced a new challenge as a school bus driver for the Camas School District, noting that driving a school bus "takes tenacity on all levels" and that passing the 3-hour CDL state exam is no small feat. Donna's experience behind the wheel reflects her sense of responsibility and commitment to keeping children safe every day.

Introduced to Cascade Village by her son, a local realtor, Donna was excited by the option to create a customized home within a welcoming 55+ community. The ability to personalize her space made the idea of moving not just practical, but truly exciting and hopeful.

She describes her decision-making as "rounding the bases": discovering home options put her on first, meeting residents moved her to second, and learning about organized activities took her to third, with the "home run" being her instant connection with Michael from the sales staff. Their easy rapport made building from afar feel comfortable and well supported.

Donna partnered with Michael remotely on customization decisions and felt confident in every step of the process, from initial design ideas to final details. Regular communication and guidance helped her feel included, even when she was still living out of state.

After move-in, she appreciated the professionalism of the contractors, praising Rolin Atkinson for his expert work on her dog's fence and paver patio and Eldon Searles, for guiding her through interior questions and troubleshooting. Donna notes that each person she worked with showed genuine pride in their craft and a desire to make sure her home was just right.

Now happily settled, Donna describes the residents she first met via Facetime and in person as friendly, welcoming, and quick to make her feel at home. She enjoys the organized activities and appreciates the sense of security and connection that comes from knowing neighbors by name.

She encourages other 55+ adults seeking affordability, a warm atmosphere, and a strong sense of community to consider Cascade Village as their new home. For Donna, the move has meant living close to family while also gaining a community that feels like an extended family of its own.

"If you're 55+ and looking for a community that offers a wonderful atmosphere, affordability, and a true sense of belonging, Cascade Village is the place for you."

If you'd like to be featured in a future Resident Spotlight, please email us at: office@cascadevillageliving.com to share your story.

CITY OF SISTERS

Sisters, Oregon is a small Old West-style town at the foot of the Cascade Mountains that makes an ideal base for scenic drives, outdoor adventure, and relaxed strolls through a lively, walkable downtown. Visitors come for its rustic charm, year-round festivals, and quick access to lakes, waterfalls, rivers, and ski slopes in every direction.

Old West Town and Culture

Sisters' downtown is designed with an 1880s Western aesthetic, with wooden storefronts, boardwalks, galleries, cafes, and boutiques clustered within a few easy-walking blocks. Shops like Hood Avenue Art, Paulina Springs Books, Sisters Bakery, and Sisters Coffee Company give the town a cozy, destination feel despite its small size.

The town is also known for signature events, including the world-renowned Sisters Rodeo, the Sisters Folk Festival, and the Sisters Harvest Faire, which draw visitors from across Oregon and beyond. Year-round, Village Green City Park and Cliff Clemens Park provide in-town green spaces for picnics, playground time, and community gatherings.

Scenic Drives and Viewpoints

Sisters sits at the start of the McKenzie Pass–Santiam Pass Scenic Byway, an 82-mile loop that winds through Cascade peaks, lava fields, old-growth forest, rivers, and waterfalls. Highlights include the Dee Wright Observatory, a lava-rock lookout with panoramic views of roughly a dozen volcanoes, and viewpoints of North Sister, Middle Sister, Mt. Washington, and Mt. Jefferson on clear days.

Drivers and cyclists can also follow the McKenzie Pass Scenic Bikeway, which climbs through a dramatic 2,000-year-old lava flow before descending into dense forest along the McKenzie River. From town, routes toward Smith Rock and the high desert give a very different landscape, combining river canyons, rimrock, and wide-open Central Oregon skies.

Lakes, Rivers and Waterfalls

Within a short drive of Sisters, visitors can reach Clear Lake, Suttle Lake, and the Metolius River, all prized for crystal-clear water, fishing, paddling, and lakeside camping. Suttle Lake offers boating, swimming, and lakeside trails, while the Metolius River is famous for its deep sapphire color and easy riverside path near Camp Sherman.

Waterfall lovers have several classic hikes nearby, including Sahalie Falls and Koosah Falls on the McKenzie River, which can be seen from accessible viewpoints or linked by a 2.4–2.9-mile loop trail. Proxy Falls, in the Willamette National Forest, is another favorite: a short loop leads to a dramatic two-tiered cascade dropping into a mossy canyon.



Hiking, Biking, and Wilderness Access

Sisters is a gateway to the Three Sisters Wilderness, a 281,000-acre protected area with about 260 miles of trails past glaciers, alpine meadows, lava fields, and mountain lakes. Popular outings range from easy walks like the Whychus Creek Scenic Overlook to strenuous peak attempts such as the South Sister Trail, which climbs nearly 5,000 feet for sweeping summit views.

Closer to town, Whychus Creek trails and the Metolius River Trail to Wizard Falls offer family-friendly hikes with river views and a stop at the Wizard Falls Fish Hatchery. Road and gravel cyclists can choose challenging routes like Sisters-to-McKenzie Pass or more moderate rides toward Smith Rock, with constant views of Cascades and high desert scenery.

Winter Fun and Nearby Resorts

In winter, Sisters serves as a relaxed base camp for Hoodoo Ski Area, which offers roughly 800 acres of family-friendly ski and snowboard terrain on the slopes of Santiam Pass. Cross-country skiing, snowshoeing, and sledding are available in surrounding Deschutes National Forest sno-parks, putting snowy forests and mountain vistas within easy reach.

Year-round resorts such as Black Butte Ranch and accommodations around Suttle Lake add golf, spa services, horseback riding, and stargazing nights to the mix. Combined with Sisters' own cafes, breweries, and artisan shops, these amenities make the town an appealing home base for both quick getaways and longer stays.

SENIOR RESOURCES

Bend has a strong network of senior services, including many completely free or low-cost options for food, transportation, safety checks, social activities, and benefits counseling. Most of the core programs are coordinated through the Council on Aging of Central Oregon, the State of Oregon, the City of Bend, and local nonprofits.

Bend seniors and caregivers can contact each of the main programs directly by phone, email, or website for enrollment, referrals, and free service information. Details below focus on the core hubs and no- or low-cost supports in Bend and Central Oregon.

Council on Aging of Central Oregon

Council on Aging of Central Oregon – Main senior services hub for Bend and Central Oregon.

Phone: 541-678-5483

Email: info@councilonaging.org.

Website: councilonaging.org.

Help Desk / Programs (Meals on Wheels, community dining, caregiver support, Caring Connections, Pet Pals, Oregon Project Independence referrals)

Aging and Disability Resource Connection of Oregon (ADRC) – One-stop info line for seniors and people with disabilities.

Phone: 855-673-2372

Website: adrcoforegon.org

Oregon Aging and Disability Services (ODHS) – State office for Medicaid long-term care, SNAP, and other benefits.

Website: oregon.gov/odhs

Larkspur Community Center / Bend Park and Recreation District – Bend Senior Center programming, classes, and activities.

BPRD Customer Service Phone: 541-389-7275

Email: info@bendparksandrec.org.

Website: bendparksandrec.org

Safety Outreach for Seniors – Bend Fire & Rescue – Free in-home safety visit (falls and fire-prevention checks).

Phone: 541-322-6300

Website: bendoregon.gov

Assistance League of Bend – Free comfort and personal care items for seniors in care facilities and other philanthropic programs.

Phone: 541-389-2075

Email: info@assistanceleaguebend.org.

Website: assistanceleaguebend.com.

Partners In Care Bend – Hospice, palliative care and community resource directory for seniors and caregivers.

Website: partnersbend.org



COMMUNITY DEVELOPMENT

Cascade Village Phase 2 Development

New luxury manufactured homes are underway as part of Cascade Village's Phase 2 Development, featuring stylish new model homes and expanded green spaces designed to promote 55+ community living and sustainability.

Luxury Living with Champion Homes

The pride of homeownership is evident in Cascade Village, where stunning residences by Champion Homes redefine the concept of manufactured living. These homes are thoughtfully designed for comfort and style, featuring spacious layouts, modern amenities, and energy-efficient elements that support a sustainable future. Whether you're seeking a cozy retreat or a more expansive residence, you'll find models tailored to your individual needs and preferences.

A Community Designed for Enjoyment

Cascade Village spans over 32 acres in the northeast corner of Bend, making it an ideal location for both leisure and engagement. This 5-star, resort-style manufactured housing community offers a selection of new home models that capture the essence of vacation living. Each luxury manufactured home is built with meticulous attention to detail, ensuring every resident enjoys the highest quality of life.

Model Standard Features:

- 9' Hi Flat Roof
- Attached Single Car Garage
- Central Air Conditioning
- Stainless Steel Appliance Package
- Farmhouse Sink
- Dorian Gray Hardwood Overhead and Base Cabinet
- Soft-Close Drawer Guides and Hinges
- Concrete 39 oz True Spirit Carpet with Upgraded Padding
- Nordic White Vinyl Flooring
- Electric and Gas Home - Energy Star Rated
- Valle Nevado Granite Counter Tops Throughout
- Ice White Subway Tile Backsplash Throughout
- Polar Frost Duma Wall Shower in Primary Bath
- 200 Amp Electrical Service
- Standard Paddle Fan in Living Room
- Standard Pendant Lights Over Kitchen Island

For more information on the Summit Loop model home, please call Cascade Village Realty at (541) 762-0600.

SUMMIT LOOP

2 BEDROOMS
2 BATHROOMS
1,307 SQ FT



\$345,962

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LUXURY MANUFACTURED HOMES

Pine Grove | \$321,206

The Pine Grove model, a perfect blend of modern design and cozy living. Featuring a striking 9' Hi Flat roof and an attached single-car garage, this residence effortlessly combines style and functionality. Step inside to enjoy the comfort of central air conditioning, providing a refreshing atmosphere year-round.



Siskiyou Crest | \$345,203

The Siskiyou Crest model, where modern elegance meets comfort and functionality. This stunning residence features a 9' Hi Flat roof, enhancing the spaciousness of the design. An attached single-car garage offers convenience and easy access, while central air conditioning ensures year-round comfort.

Silver Crest | \$364,378

The Silver Crest model, where modern elegance meets comfort and functionality. This stunning residence features a striking 9-foot high flat roof and an attached double car garage, providing both style and convenience. Enjoy year-round comfort with central air conditioning, ensuring a pleasant atmosphere in every room.

PLEASE CONTACT US
FOR INFORMATION



VISIT OUR OFFICE AT:
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BEND, OR 97701

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CASCADE VILLAGE
REALTY

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COMMUNITY CALENDAR

Cascade Village Community Events and Activities

Join us at Cascade Village this January 2026 for a month full of exciting events! From community picnics to game nights and fitness classes, there's something for everyone. Connect with neighbors, make new friends, and enjoy the vibrant spirit of our community. Check out the full calendar for details!



JANUARY | 2026
Cascade Village Community Events and Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Billiards Group 9:30 a.m. 28	Tai Chi 10:00 a.m. Pinochle 1:00 p.m. 29	Fitness Group 9:30 a.m. Coffee Hour 10:00 a.m. 30	Chair Yoga 9:30 a.m. 31	Stretch, Strength & Steady 9:30 a.m. 01 <small>Office Closed</small>	First Friday Potluck! Social Dinner 5:30 p.m. Rummikub 1:00 p.m. 02	Bingo 1:00 p.m. (\$1.00 Entry per card) 03
Billiards Group 9:30 a.m. 04	Tai Chi 10:00 a.m. Pinochle 1:00 p.m. 05	Fitness Group 9:30 a.m. Coffee Hour 10:00 a.m. 06	Chair Yoga 9:30 a.m. Mahjong 1:00 p.m. 07	Stretch, Strength & Steady 9:30 a.m. Dominoes Group 1:00 p.m. Soup & Salad Social 4:30 p.m. 08	Rummikub 1:00 p.m. Country Western Line Dancing 5:00 p.m. 09	10
Billiards Group 9:30 a.m. 11	Tai Chi 10:00 a.m. Pinochle 1:00 p.m. 12	Fitness Group 9:30 a.m. Coffee Hour 10:00 a.m. 13	Chair Yoga 9:30 a.m. Mahjong 1:00 p.m. 14	Stretch, Strength & Steady 9:30 a.m. 15	Virtual Tai Chi 10:00 a.m. Rummikub 1:00 p.m. Karaoke Night 5:00 p.m. 16	17
Billiards Group 9:30 a.m. 18	Tai Chi 10:00 a.m. Pinochle 1:00 p.m. Martin Luther King Jr. Day 19 <small>Office Closed</small>	Fitness Group 9:30 a.m. Coffee Hour 10:00 a.m. 20	Chair Yoga 9:30 a.m. Bunco 1:00 p.m. 21	Stretch, Strength & Steady 9:30 a.m. Dominoes Group 1:00 p.m. 22	Rummikub 1:00 p.m. Water Color Paint Night 5:00 p.m. 23	24
Billiards Group 9:30 a.m. 25	Tai Chi 10:00 a.m. Pinochle 1:00 p.m. 26	Fitness Group 9:30 a.m. Coffee Hour 10:00 a.m. 27	Chair Yoga 9:30 a.m. 28	Stretch, Strength & Steady 9:30 a.m. 29	Virtual Tai Chi 10:00 a.m. Rummikub 1:00 p.m. 30	31

CASCADE VILLAGE
LIVE BEND

Facebook: CascadeVillageMHC **Instagram:** Cascade_Village **Website:** www.cascadevillageliving.com
Address: 63700 Cascade Village Drive Bend, OR 97701 **Phone:** 541.388.0000 **Email:** office@cascadevillageliving.com

Give Us Your Feedback!

We welcome all residents to share feedback and suggest new events or activities. Your ideas are essential in creating a vibrant and inclusive community experience. Help us shape the future of Cascade Village with your suggestions!

Please email us at: office@cascadevillageliving.com or visit www.ansr.me/goldw to leave your feedback.

COMMUNITY EVENTS



JANUARY 02

First Friday Potluck Social Dinner | 5:30 p.m.

Come together with your neighbors at Cascade Village's First Friday Potluck Social! Share your favorite homemade dish and enjoy an evening of great food, good conversation, and genuine connection. It's a fantastic way to meet new faces, catch up with friends, and celebrate community spirit. Save the date, you won't want to miss it!



JANUARY 16

Karaoke Night 5:00 p.m.

Belt out your favorite tunes at Karaoke Night, one of Cascade Village's most popular gatherings! Step up to the mic solo or join friends for an evening packed with great music, laughter, and unforgettable moments. It's the perfect chance to showcase your talent, cheer on neighbors, and enjoy a night full of energy and community connection. Don't miss the fun!



JANUARY 09

Country Western Line Dancing | 5:00 p.m.

Dust off your boots and join us for Country Western Line Dancing at Cascade Village! Enjoy toe-tapping tunes, easy-to-learn moves, and plenty of friendly faces. Whether you're a seasoned dancer or brand new to the steps, it's all about having fun. Spots fill up fast, RSVP now to reserve your place on the dance floor!



JANUARY 23

Watercolor Paint Night | 5:00 p.m.

Watercolor painting is a joyful exploration of color and creativity, just add water and watch your palette come alive as shades blend and flow into one another, forming beautiful, one-of-a-kind art. Every brushstroke invites you to experiment with vibrant hues, embrace unexpected "happy accidents," and let your imagination run free, all while discovering a soothing sense of focus and calm.

COMMUNITY CLUBHOUSE
63700 Cascade Village Drive
Bend, OR 97701

For more information or to RSVP, please visit
the Cascade Village Resident Passport or
call or text (541) 671-5800.

COMMUNITY CROSSWORD

OFF-BROADWAY MUSICALS

ACROSS

1 Poet with a 1982 posthumous Pulitzer S.L.R. insert since the early 2000s
 12 Baths in Bath
 16 Comedian Notaro
 19 Host Tyler of "Whose Line Is It Anyway?"
 20 One sporting an article of apparel
 21 Sign in a theater
 22 Droll
 23 Rock of Ages
 25 How to Succeed in Business Without Really Trying
 27 Prop for a proposal
 28 College credit hours
 29 Far from fore
 31 Starting section
 32 Fab Four drummer
 34 "I can handle that for you"
 36 Swallow something hook, line and sinker
 38 Subject of some modern maps
 41 Boots out
 43 Ending with Butler or Bard
 44 A Class Act
 47 A Strange Loop
 50 Played a part
 51 Baldwin of "30 Rock"
 53 Ran in the rain, perhaps
 54 Brig pair
 55 New Mexico skiing locale
 56 Full legislative assembly
 58 Personification of darkness, in Greek myth
 60 Shapiro of public radio
 61 Buds
 62 Chips go-with
 64 Straight up

67 A Little Night Music
 69 Rent
 70 A Chorus Line
 72 Creatures formed from the fingers of the sea goddess Sedna, in Inuit myth
 73 Personal histories
 74 Automatons, informally
 75 Cell letters
 76 " ____ down the hatches!"
 78 Nursery rhyme couple
 80 Cribbage markers
 81 Sine's reciprocal, in trig
 84 Bit of power
 86 Japanese noodle
 87 Wave to, say
 88 The Producers
 91 Into the Woods
 93 Lingus
 94 Intertwine
 95 Halloween haul
 96 In tears
 99 Eschew the high road, say

101 Dame
 104 Repeatedly hit hard
 105 Dollop
 106 Pop group
 109 Sitar great Shankar
 111 The Wiz
 113 Mean Girls
 116 Chess pieces
 117 Bombeck who wrote "At Wit's End"
 118 File often installed with computer programs
 119 Do penance
 120 Apply
 121 Hurdle for a J.D.-to-be
 122 Became aware of "Fiddler on the Roof" matchmaker
 123 "Fiddler on the Roof" matchmaker

DOWN

1 Playground area, often
 2 Fearsome felines
 3 Plus
 4 "One of These Nights" band
 5 Makeshift tip collector
 6 Epitome of graceful beauty
 7 Arnaz of "I Love Lucy"
 8 Certain stock holder
 9 Came about
 10 Kylo ____ of "Star Wars"
 11 Gig of a lifetime
 12 Advanced
 13 Guitar, slangily
 14 Front-of-the-line credential
 15 Cousin of a mink
 16 Cheep trills?
 17 Dodger's comeuppance
 18 Indoor recess locale
 24 Super-excited, in slang
 26 One "T" of TNT
 30 Least hale
 33 Foxx of 1970s TV
 35 Judge pro ____
 36 Piano pupil's practice piece
 37 Short boxers, e.g.
 39 How some medicines are taken
 40 Apt name for a distance runner?
 42 Oldsmobile Cutlass model
 44 Like 45-Down's flaw
 45 Mythical figure undone by hubris
 46 Prima ballerina
 48 Uses an alternate account to play against easier opponents, in gamer-speak
 49 Police weapon
 52 Transition points
 56 Blue Ribbon brand
 57 Ice cream parlor offerings

59 Borscht base
 61 Classic theater name
 63 Struggles with sibilant sounds
 65 Law, but not order
 66 Hints
 68 Word with record or union
 69 World capital near the Andean foothills
 70 Give a twist
 71 Downright mean
 73 Bit of wisdom
 74 Founder of the Mughal Empire
 77 String-plucking sound
 79 Sources in etymology
 80 Prone
 81 Some summers, in brief
 82 Black-and-white desserts
 83 Université with a Pierre and Marie Curie campus
 85 Shell filling stations
 87 Basic programming command
 89 Chicken pieces
 90 Part of AT&T: Abbr.
 92 Ballet or Bourrée, in Bourgogne
 97 Do a diner job
 98 Gathering of moles
 100 Setting for Cole Porter's "Anything Goes"
 102 Continued interminably
 103 Discus throw at the Olympics, e.g.
 105 Buzzing nuisance
 107 Glitzy fabric
 108 Like some cheese
 110 "Gotcha"
 111 Blue-necked bird
 112 " ____ Believer"
 114 Flock formation
 115 Blue-winged bird

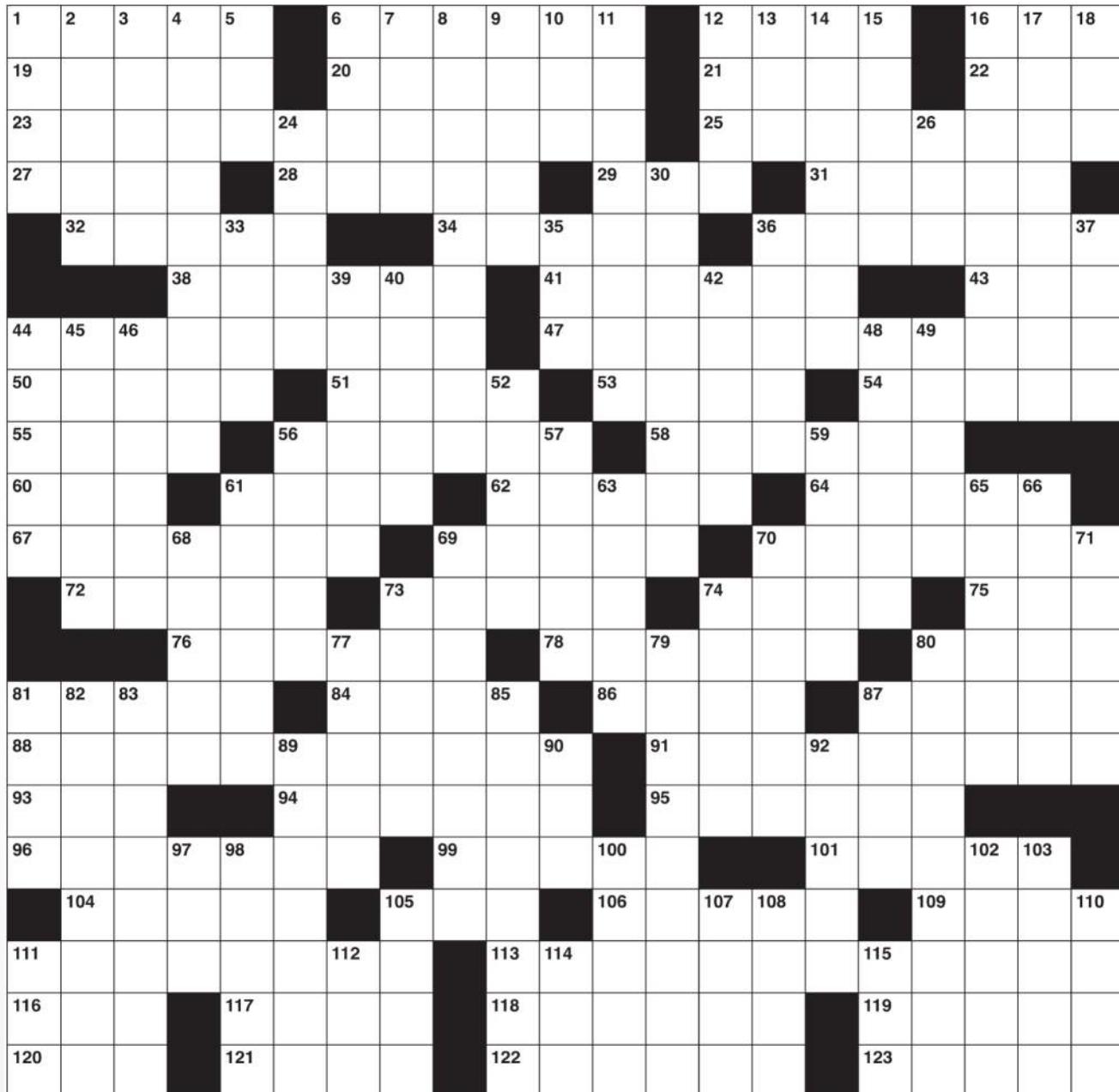
COMMUNITY CROSSWORD



OFF-BROADWAY MUSICALS

BY ALEX EATON-SALNERS / EDITED BY WILL SHORTZ

Alex Eaton-Salners is an in-house attorney for Sandisk, a technology company in Milpitas, Calif. This is his 54th crossword for The Times. When he's not making puzzles, Alex has been spending a lot of time lately at Activate, a sort of "hybrid puzzle room/sports simulator" that offers a mix of co-operative and competitive games at about 100 locations around the world. —W.S.



The New York Times

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COMMUNITY CROSSWORD

BASE PAIRS

ACROSS

- It protects the heart
- Egyptian god of the underworld
- Dr.'s order?
- Substances found in cured meats and explosives
- Theme park with attractions like the Count's Splash Castle and Oscar's Rusty Rotten Rockets
- High marks
- "That's enough bickering!"
- Valletta's land
- Sci-fi protagonist who says "I don't like the idea that I'm not in control of my life"
- Max's opposite
- Morpheus, to 25-Across
- Good ol' boy
- Actor Thomas _____ Church
- Stares stupidly
- General who crossed the Rubicon
- Snubs
- Ultimate end, to Aristotle
- TV E.T.
- Secondary list of options
- ____ Veronese, "The Wedding at Cana" painter
- Queen _____ Land (region of Antarctica claimed by Norway)
- Classification that anyone can donate to
- Got off
- With warts and all
- Pesto ingredients
- Made less angry now
- Ozone no-no, for short
- The dash in many an emoticon
- It's a "tyrannical discipline," said Sylvia Plath

DOWN

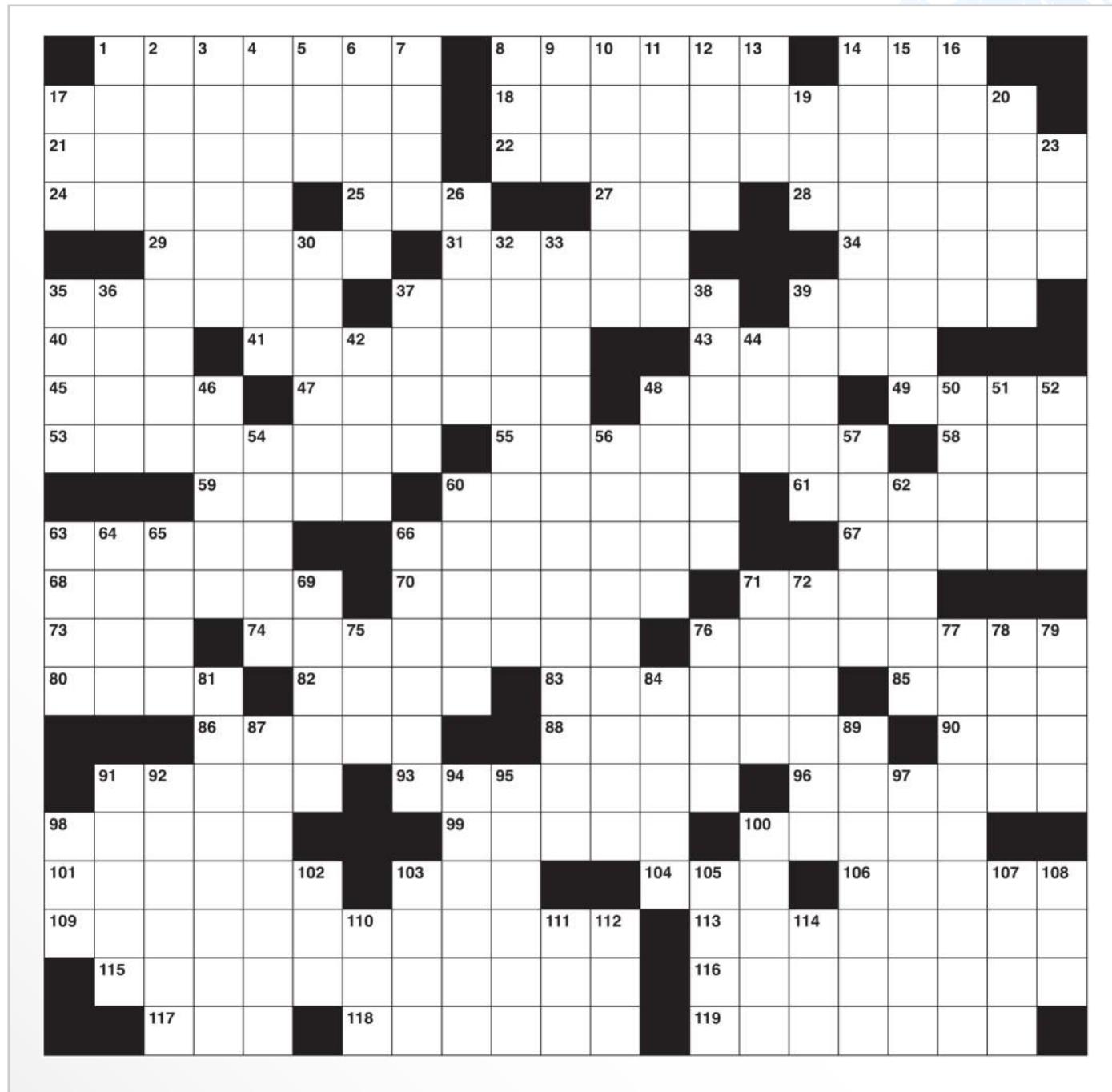
- Titular role in a 2024 Disney prequel
- Derived from gold
- Steals, informally
- Something a bug produces
- Certain Army noncom
- Points to a church?
- What the 7 may mean in 7/11
- Brewed beverage
- Perseveres
- Certain drink + what that drink has a lot of = women's lifestyle website
- "Horsefeathers!"
- "Fiddlesticks!"
- Combine using heat without melting, as particles
- Make a lot, say?
- Famed firefighter Red
- "All right, but that's not my opinion"
- L.A.P.D. unit?
- The Lamb
- Devoted effort to looking attractive
- Leaning
- Bandage brand
- Possessed, biblically
- Word before winner or after Wonder
- Brick homes
- Buffalo's home: Abbr.
- "Sprechen _____ Deutsch?"
- Eponym of Element 96
- They'll get there eventually
- Like the cultivation of land
- Country whose border shape is the world's roundest
- Zero
- Co.'s \$\$\$ head
- Steal for ransom
- Whence the phrase "wear one's heart on one's sleeve"
- Kelly of morning TV
- "Come on and let loose for a while!"
- Name of Ohio State's buckeye mascot
- Wrinkly fruits
- Parts of many online handles
- Davis of "Thelma & Louise"
- "____ quam videri" (North Carolina's motto)
- 1940s spy grp.
- Ready ... or a word after ready
- Chemist's variant
- Violent seizure, as of property
- "Sign me up"
- He scattered his brother's remains across the land and usurped his throne
- Soothing goo
- Hawaiian for "long mountain"
- Intermission follower on Broadway
- War zone for Rambo, informally
- Poe's "The Narrative of Arthur Gordon _____"
- Wicket and Teebo of Endor, e.g.
- Hosp. areas
- "I'm flattered!"
- Believing his friend and ally had too much power, he led a party of conspirators to put an end to him
- State capital that's closest to the U.S. Capitol
- Like five Across answers by five Down answers in this puzzle, literally and figuratively
- Kids' summer getaway
- Kyrgyzstani mountain range
- Urchins
- Fans out
- Where idols go head-to-head?
- Small part in a gig
- British isle
- It's in your jeans
- Plot divisions
- Traumatize
- "Assuming that's true..."
- He led his brother to his demise by endangering his nephew
- "Not gonna lie ..."
- First enactors of democracy
- Fencing contests
- Chemistry lab dropper
- Prepare quickly, as eggs for breakfast
- Chop-chop
- Wrinkly fruit
- GPS lines: Abbr.
- Programming language that's also a musical key
- He sold out his master in exchange for silver
- Baby in a pouch
- Pandemonium
- Title for a guru
- Survivor's affliction, for short
- Elf portrayed by Cate Blanchett in "The Fellowship of the Ring"
- Big name in makeup
- Music score squiggle
- Disagrees (with)
- Ixnays from Irkutsk
- Obnoxious fratty sort, colloquially
- Possible scenario, to a coder
- 2011 Lady Gaga hit
- Steamy
- Paired chips with dips?
- 95 Touch lightly, as a gas pedal
- Floral victory symbol
- Lead-in to Tech
- Spawned
- Camera inits.
- ____ me tangere (Latin warning)
- Jafar's parrot in "Aladdin"
- 107 Driven by envy toward his comrades, he fabricated events that led to their downfall
- Official lang. of Liberia
- Acorn, in the future
- Messenger _____
- Birth month of most Virgos: Abbr.
- "Ruh-____!" (cry from Astro on "The Jetsons")

COMMUNITY CROSSWORD

BASE PAIRS

BY GENE LOUISE DE VERA / EDITED BY WILL SHORTZ

Gene Louise De Vera is a data scientist in Quezon City, Philippines. One night when he couldn't sleep he was browsing the internet and stumbled on a crossword — which he liked. Soon after, he subscribed to The Times's crossword. Then he discovered he enjoys making puzzles even more than solving them. This is his fifth one for the paper and his first Sunday. — W.S.



The New York Times

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COMMUNITY LOCATION



Located in Central Oregon near the Eastern Cascades Slopes and Foothills, Cascade Village is a welcoming community full of activities and a relaxing lifestyle. Encompassing more than 32-acres in the northeast corner of Bend, Cascade Village is a high end, quality 5-star resort-style manufactured housing community. With luxury manufactured homes throughout, pride of home ownership shows within the community.



COMMUNITY LOCATION

The community of Cascade Village is situated in the northeast corner of Bend, within the Boyd Acres neighborhood. This diverse neighborhood is a blend of residential properties, parks, trails, and businesses, and is located at an elevation of approximately 3,300 feet, in the rain shadow of the Central Oregon Cascade Mountains. The Deschutes River marks the western boundary of the neighborhood, while Hamby Road borders it to the East.



CASCADE VILLAGE
LIVE BEND

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