



July | 2026

Cascade Village Community Events and Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Billiards Group 9:00 a.m. 28	Tai Chi 10:00 a.m. 29	Fitness Group 9:00 a.m. Coffee Hour 10:00 a.m. 30	01	02	Virtual Tai Chi 10:00 a.m. Rummikub 1:00 p.m. 03	 04
Billiards Group 9:00 a.m. 05	Tai Chi 10:00 a.m. 06	Fitness Group 9:00 a.m. Pool Fitness 10:00 p.m. Coffee Hour 10:00 a.m. 07	Chair Yoga 10:00 a.m. 08	Pool Fitness 10:00 p.m. Dominoes Group 1:00 p.m. Summer BBQ Cookout Social 4:30 p.m. 09	Virtual Tai Chi 10:00 a.m. Rummikub 1:00 p.m. 10	Bingo 1:00 p.m. (\$1.00 Entry per card) 11
Billiards Group 9:00 a.m. Meditative Yoga 6:00 p.m. 12	Tai Chi 10:00 a.m. 13	Fitness Group 9:00 a.m. Pool Fitness 10:00 p.m. Coffee Hour 10:00 a.m. 14	Chair Yoga 10:00 a.m. Bunco 1:00 p.m. 15	Pool Fitness 10:00 p.m. 16	Virtual Tai Chi 10:00 a.m. Rummikub 1:00 p.m. Craft Night Watercolors 5:00 p.m. 17	18
Billiards Group 9:00 a.m. Meditative Yoga 6:00 p.m. 19	Tai Chi 10:00 a.m. 20	Fitness Group 9:00 a.m. Pool Fitness 10:00 p.m. Coffee Hour 10:00 a.m. 21	Chair Yoga 10:00 a.m. 22	Pool Fitness 10:00 p.m. 23	Virtual Tai Chi 10:00 a.m. Rummikub 1:00 p.m. 24	25
Billiards Group 9:00 a.m. Meditative Yoga 6:00 p.m. 26	Tai Chi 10:00 a.m. 27	Fitness Group 9:00 a.m. Pool Fitness 10:00 p.m. Coffee Hour 10:00 a.m. 28	Chair Yoga 10:00 a.m. 29	Pool Fitness 10:00 p.m. 30	Virtual Tai Chi 10:00 a.m. Rummikub 1:00 p.m. Trivia Night 5:00 p.m. 31	01



CASCADE VILLAGE
LIVE BEND



CascadeVillageMHC



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